



# CERTIFICATES AND THEIR INTERPRETATION

Totika Nature Schweiz

You've already read a lot about manuka honey - but now you want to know more about authentication and certification? Here's an easy-to-understand introduction to the most important quality criteria.

Enjoy!



**Certificate of Analysis**

<b>Client:</b>	Happy Beekeeping Ltd	<b>Lab No:</b>	2834969	HGPv1
<b>Contact:</b>	Dr Isaac Flitta	<b>Date Received:</b>	21-Jan-2022	
	414 Kerikeri Road	<b>Date Reported:</b>	25-Jan-2022	
	Kerikeri	<b>Quote No:</b>	97667	
	Northland 0230	<b>Order No:</b>		
	New Zealand	<b>Client Reference:</b>		
		<b>Submitted By:</b>	Dr Isaac Flitta	

Sample Type: Honey

<b>Sample Name:</b>		BTN-MB-00652-3	<b>MPI Manuka 5 Attributes</b> is a test to determine the authenticity and quality of Manuka honey.
<b>Lab Number:</b>		2834969.2	
<b>MPI Manuka 5 Attributes Analysis</b>			<p>The test assesses <b>five key attributes</b> of honey to ensure that it meets the standards set by the New Zealand government. The attributes and their occurrence can be seen to the left of the parenthesis.</p> <p>The presence of leptosperine, a chemical marker found exclusively in Manuka honey, is checked. The honey has the right consistency and meets all the criteria. It is classified as monofloral.</p>
MPI Manuka Honey Classification			
Monofloral Manuka Honey			
3-Phenylactic acid (3-PA)	mg/kg	1,470	
2'-Methoxyacetophenone (2'-MAP)	mg/kg	30	
2-Methoxybenzoic acid (2-MBA)	mg/kg	10.3	
4-Hydroxyphenylactic acid (4-HPA)	mg/kg	11.8	
Manuka DNA	Cq	33.37	
<b>Manuka Honey Analysis</b>			
Dihydroxyacetone (DHA)	mg/kg	1,345	
5-Hydroxymethylfurfural (HMF)	mg/kg	26.1	
Methylglyoxal (MGO)	mg/kg	879	
Non Peroxide Activity (NPA)*	% Phenol Equivalent	20.7	

- DNA** - This test determines the presence of manuka DNA and verifies the origin of the honey.
- methylglyoxal (MGO)** - This test measures the concentration of MGO, a natural ingredient typical of manuka honey which helps to classify its quality.
- leptosperine** - This test measures the presence of leptosperine, a chemical marker found exclusively in Manuka honey.
- hydroxymethylfurfural (HMF)** - This is measured to ensure that the honey has not been altered or heated.
- Moisture content** - Moisture content is measured to ensure that honey has the right consistency.



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# MĀNUKA HONEY SCIENCE DEFINITION

## TEST FOR MONOFLORAL MĀNUKA HONEY

The test for monofloral mānuka honey requires all of the five attributes. If the honey fails to meet 1 or more of the attributes, it is not monofloral mānuka honey – see test for multifloral mānuka honey.

### TEST #1: CHEMICAL TEST

The following chemicals all need to be present:

**3-Phenyllactic acid**  
at a level greater than or equal to 400 mg/kg

**2'-Methoxyacetophenone**  
at a level greater than or equal to 5 mg/kg

**2-Methoxybenzoic acid**  
at a level greater than or equal to 1 mg/kg

**4-Hydroxyphenyllactic acid**  
at a level greater than or equal to 1 mg/kg

### TEST #2: DNA TEST

DNA from mānuka pollen [\*DNA level required is less than Cq 36, which is approximately 3 fg/μL]

A combination of five attributes (4 chemicals, 1 DNA marker from mānuka pollen) are required to authenticate monofloral and multifloral mānuka honey.

These attributes can be identified using two laboratory tests.

## TEST FOR MULTIFLORAL MĀNUKA HONEY

The test for multifloral mānuka honey requires all of the five attributes. If the honey fails to meet 1 or more of the attributes, it is non-mānuka.

### TEST #1: CHEMICAL TEST

The following chemicals all need to be present:

**3-Phenyllactic acid**  
at a level greater than or equal to 20 mg/kg but less than 400 mg/kg

**2'-Methoxyacetophenone**  
at a level greater than or equal to 1 mg/kg

**2-Methoxybenzoic acid**  
at a level greater than or equal to 1 mg/kg

**4-Hydroxyphenyllactic acid**  
at a level greater than or equal to 1 mg/kg

### TEST #2: DNA TEST

DNA from mānuka pollen [\*DNA level required is less than Cq 36, which is approximately 3 fg/μL]



## **DHA - An indicator of maturity and development**

Dihydroxyacetone (DHA) is a natural component of fresh Manuka honey. Over time, DHA naturally converts to methylglyoxal (MGO). A high DHA value may indicate that the honey's MGO content will continue to develop. To be certified by the UMF system, DHA levels must be at least 70 mg/kg. For example, an MGO content of 850+ requires at least 500 mg/kg.

→ Totika Nature's manuka honey meets these criteria.

## **HMF - an indicator of freshness**

Hydroxymethylfurfural (HMF) is formed when honey has been overheated or stored for a long time. A low HMF value indicates that the honey has been carefully processed and is fresh. For Manuka honey with an MGO value of 830+, the HMF value must not exceed 40 mg/kg.

→ This criterion is also met by Totika Nature honey.

## **MGO - a quality criterion**

Methylglyoxal (MGO) is a natural ingredient found in manuka honey. MGO content is measured in mg/kg and serves as a benchmark for honey quality.

→ The higher the MGO value, the more characterful and intense the honey.